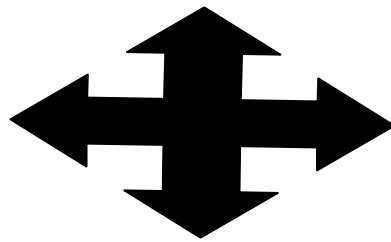


# **INTERNET RESOURCES FOR THE AGING NETWORK**



**Developed by  
National Aging Information Center  
U.S. Administration on Aging**

**Prepared by  
National I&R Support Center  
National Association of State Units on Aging  
May 1999**

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## **INTRODUCTION**

The National Aging Information Center (NAIC), housed at the U.S. Administration on Aging (AoA) since 1997, is a centralized source for a broad range of program and policy materials, statistical data, and consumer information on aging. In response to inquiries from older persons, family caregivers, professionals, and the general public, Bruce M. Craig, the senior staff specialist directing NAIC, has developed an extensive listing of Internet web sites on a variety of aging topics. In collaboration with NAIC, the National Aging I&R Support Center is publishing these "***Internet Information Notes***" to create awareness of this readily available and easy to use resource.

The web sites identified for each topic may contain information useful to policy, planning, or program development by state and area agencies on aging and service provider organizations. In publishing this document, however, the primary intent of National Aging I&R Support Center is to assist information and assistance programs to access Internet resources useful in their day-to-day work with older consumers and their families. The consumer-focused Internet resources may include general information materials, decision support materials, and/or materials for assessing the quality of a service or product. Information and assistance programs can refer callers with Internet access to specific web sites or to NAIC's ***Internet Information Notes***. Further, many of the brochures, fact sheets, and other materials can be downloaded as needed for distribution to callers without Internet access.

NAIC posts its ***Internet Information Notes*** on the AoA web site. The address is:

***<http://www.aoa.gov/NAIC/notes/default.htm>***

The development of the ***Notes*** is an on-going activity with new topics added regularly. NAIC provides a [direct link](#) to the web sites identified under each topic, making it easy to use. If you find the NAIC ***Notes*** useful, you may wish to bookmark it for quick reference.

This publication should be viewed only as an introduction to NAIC's larger work. We hope you find it helpful as you begin or expand the provision of Internet information for older consumers, their families, media, and the general public.

Please feel free to duplicate all or the table of contents and a sample section of this publication--along with the NAIC's ***Internet Information Notes*** address (above)--to colleagues and staff in your state aging service system.

National Aging I&R Support Center  
May, 1999

## **Adult Day Services**

Adult day service programs (formerly know as adult day care centers) have achieved new popularity with the advent of home and community long term care Medicare and Medicaid waiver programs which support alternatives to institutional long term care and rehabilitation. Adult day services provide respite to family caregivers as well as provide therapeutic care for cognitive and physically impaired older adults. The internet sites listed below are representative of hundreds of sites now available on the internet, however statistical information on the number and characteristics of adult day service programs and numbers of individuals served is still extremely limited.

### **Descriptions – What are Adult Day Services?**

**Adult Day Services Fact Sheet** (National Association of Adult Day Services)

[http://www.ncoa.org/nadsa/ADS\\_factsheet.htm](http://www.ncoa.org/nadsa/ADS_factsheet.htm)

**Adult Day Care** (Health Center, Clinical Tools, Inc)

<http://www.health-center.com/english/senior/livingoptions/aaday.htm>

**Senior Day Care** (Seniorresource.com)

<http://www.seniorresource.com/hcdc.htm>

**What Is Adult Day Care?** (LTC Connections)

<http://home.algorithms.net/horizon/Choice1.htm>

**Costs – Marian E. Burch Adult Day Care & Rehabilitation Center**

<http://www.ccmcf.com/finances.htm>

(Note: It is unusual for a facility to provide its cost schedule in such detail)

### **Selection Guides for Consumers**

**Your Guide to Selecting an Adult Day Services Center** (National Association of Adult Day Services)

[http://www.ncoa.org/nadsa/guide\\_2\\_ADS.htm](http://www.ncoa.org/nadsa/guide_2_ADS.htm)

**Checklist on Adult Day Care** (Metropolitan Area Agency on Aging, Minneapolis/St.Paul, Minnesota)

[http://www.tcaging.org/com\\_adck.htm](http://www.tcaging.org/com_adck.htm)

**Adult Day Care: A Respite for Caregivers** (Northern Virginia Chapter, Alzheimer's Association)

<http://www.alz-nova.org/daycare.htm>

### **ADULT DAY SERVICES(continued)**

**Checklist for: Adult Day Care Centers** (Heritage Planning Series)

<http://pebco.org/page7.htm>

**Eight Steps to Choosing Day (Care) Services** ( Senior Care Publications)

<http://www.primenet.com/rcfe/eight.htm>

## **Statistics**

**National Adult Day Services Survey** (Self Reported)

<http://www.ncoa.org/nadsa/directory/methodology.htm>

[http://www.ncoa.org/nadsa/directory/analysis\\_of\\_initial\\_data.htm](http://www.ncoa.org/nadsa/directory/analysis_of_initial_data.htm)

**Centers Offering Adult Day Services Have Nearly Doubled Since 1989 as Demand Mushrooms**

[http://www.ncoa.org/news/archives/adult\\_day\\_numbers.htm](http://www.ncoa.org/news/archives/adult_day_numbers.htm)

**Adult Day Service Units Provided for Selected Services Under Title III of OAA: FY 1996**

<http://www.aoa.gov/napis/1996/spr-reports/tables/table4a.htm>

## **Directories of Service Providers**

### **National**

**National Association of Adult Day Services**

<http://www.ncoa.org/nadsa/directory/index.html>

### **State (examples)**

**Arizona Adult Day Complete Registry**

<http://www.aduldaycare.com/registry.htm>

**Hawaii Adult Day Care & Adult Day Health Services**

<http://assistguide.com/adulday.htm>

**New Jersey Licensed Adult Day Health Care Providers**

<http://www.dotcomhealth.com/daycare.htm>

**Rhode Island Adult Day Care Centers**

<http://www.eldercareri.com/adulday1.htm>

## **ADULT DAY SERVICES(continued)**

## **County (examples)**

### **Orange County, California**

<http://www.primenet.com/rcfe/sec4.htm>

## **City (examples)**

### **Baltimore Department of Aging Adult Day Centers**

<http://www.co.ba.md.us/bacoweb/services/aging/html/adltcare.htm>

### **Miami-Dade Adult Day Services Association**

<http://www.geocities.com/Heartland/Pointe/2036/>

## **Publications and Standards for the Industry**

### **National Association of Adult Day Services**

[http://www.ncoa.org/nadsa/nadsa\\_products.htm](http://www.ncoa.org/nadsa/nadsa_products.htm)

### **Adult Day Care Services Division, CARF ...The Rehabilitation Accreditation Commission**

<http://www.carf.org/CARF/AdultDayServ.htm>

### **Adult Day Care Bookstore, by Horizon AMDC**

<http://home.algorithms.net/Horizon/books/Bookstore2.htm>

### **Adult Day Care Group Consultants**

<http://www.libertynet.org/adcg/>

### **Adult Day Care Therapeutic Activity Manual**

<http://therapeuticresources.com/0834208059toc.html>

### **Software Tracking - VistaCARE®**

<http://www.carecomputer.com/products/settings/adult.asp>

## **Conferences and Programs**

### **Adult Day Services '99**

<http://www.billexp.com/adconf.htm>

## **ADULT DAY SERVICES(continued)**

**"Partners in Caregiving, Lessons in Customer Service" - Robert Wood  
Johnson Foundation 1995 Initiative grants**

<http://www.rwjf.org/library/spr95ar2.htm>

## **International**

**Canada – Adult Day Clubs**

<http://www.lhc.mb.ca/adc.htm>

**Australia - Adult Day Activity Support Service**

<http://www.bbsc.vic.gov.au/i1747.htm>

**BMC: 4/30/99**



# **AGEISM**

“Ageism” is a term used to describe prejudice expressed against older adults through attitudes or negative actions. Reactions to ageism in the early 1960’s was a contributing factor to passage of the Older Americans Act in 1965 and the “bill of rights for older Americans” expressed in the original Title I of the Act. The following internet sites help describe this concept in both an historical and current context.

## **General**

### **Ageism: An Introduction**

<http://www.webster.edu/~woolfm/ageism.html>

### **Roots of Ageism Differ by Gender**

<http://www.cyfc.umn.edu/Parenting/Familylife/rootsofageism.html>

### **Contrarian: Myths of An Aging America**

[http://www.demographics.com/publications/AD/94\\_AD/9408\\_AD/AD638.HTM](http://www.demographics.com/publications/AD/94_AD/9408_AD/AD638.HTM)

## **Employment**

### **Ageism in the Workplace**

<http://www.trinity.edu/~mkearl/ger-econ.html#ow>

### **Ageism in the Workplace: Fact or Fiction?**

<http://ajob4u.com/ajob4u4.html>

### **In learning Technology (Computers)**

<Http://www.telecall.co.uk/proctors/motorola/ageism.html>

## **Media**

### **Geezer-Bashing: Media Attacks on the Elderly**

<http://www.fair.org/extra/best-of-extra/geezer-bashing.html>

### **Viewing Age: The Age Distribution of Television Characters Across the Viewer Lifespan**

<http://falcon.cc.ukans.edu/~harwood/crr.htm>

## **AGEISM (continued)**

### **In TV Broadcasting**

[http://www.tvmuse.com/prime\\_time\\_.html](http://www.tvmuse.com/prime_time_.html)

### **Too Old To Rock?**

<http://www.radio4all.org/fp/enthal.htm>

## **Health Care**

### **Ageism in the Preclinical Years**

[http://www.ama-assn.org/sci-pubs/journals/archive/jama/vol\\_279/no\\_13/pu80014.htm](http://www.ama-assn.org/sci-pubs/journals/archive/jama/vol_279/no_13/pu80014.htm)

## **Books and Book Reviews**

### **AGEISM. Bill Bytheway. Open University Press, 1995.**

<http://www.healthmatters.org.uk/issues/hm145.htm>

### **Ageism : Prejudice and Discrimination Against the Elderly (out of print)**

<http://www.amazon.com/exec/obidos/ASIN/053400881X/qid%3D915749089/sr%3D1-20/002-6657087-3079241>

### **Ageism : Negative and Positive (Springer Series on Adulthood and Aging, Vol. 25) by Erdman B. Palmore**

<http://www.amazon.com/exec/obidos/ts/book-glance/0826170005/qid%3D915749089/sr%3D1-7/002-6657087-3079241>

### **Ageism, the Aged and Aging in America : On Being Old in an Alienated Society by Ursula Adler Falk, Gerhard Falk**

<http://www.amazon.com/exec/obidos/ts/book-glance/0398067651/qid%3D915749089/sr%3D1-8/002-6657087-3079241>

### **Ageism by Dick Lee**

<http://www.sellmorenow.com/gosfa/55113c.htm>

**BMC**

# **ALZHEIMER'S DISEASE AND RELATED DEMENTIAS**

Alzheimer's Disease and related dementia, along with other chronic diseases, are the primary reason for the rapid increase in demand for long term care services. Alzheimer's affects family members who take care of their loved ones at home and who function as their advocates when placed in institutions and special care units. The following internet sites describe the number of older adults affected by Alzheimer's, identify the organizations that address service and information needs of families, and government programs that support research to find the cause of the disease and improve clinical care.

## **Statistics and Surveys**

### **Who Cares? Families Caring For Persons with Alzheimer's Disease**

(Alzheimer's Association)

Press Release (Temporary): <http://www.alz.org/news/index.htm>

Copies are \$12.00, call Terri Vinson-Gbade at 202/393-7737 or

e-mail [Terri.Gbade@alz.org](mailto:Terri.Gbade@alz.org)

### **Estimated Value of Informal Caregiving, Number of Informal Caregivers and Caregiving hours by State, 1997** (Alzheimer's Association)

<http://www.alz.org/news/index.htm>

### **Prevalence and Costs - Progress Report on Alzheimer's Disease, 1998**

(National Institute on Aging)

<http://www.alzheimers.org/pr98.html#prevalence>

## **Basic Facts**

### **Alzheimer's Association**

<http://www.alz.org/facts/index.htm>

<http://www.alz.org/taking/index.htm>

### **National Institute on Aging**

<http://www.alzheimers.org/adfact.html>

### **Alzheimer's Disease Education and Referral Center – on-line publications**

<http://www.alzheimers.org/pubsonln.html>

### **Brookdale Foundation – Respite Care Grants**

<http://www.ewol.com/brookdale/resp.html>

**BMC**

# **CAREGIVER STRESS**

Throughout the history of mankind, families have traditionally cared for their infants, children and aged. Informal or unpaid care of the elderly has traditionally been estimated to account for 95% of all care given to older adults. Changes in family size, in the numbers of women in the workforce, and in longevity of older adults have affected the ability of natural caregivers to meet the needs of the older person. The internet sites below help define the extent of the current and future need for caregiving and the emerging public policy issues which bear upon the ability of a caregiver to sustain the caregiving role.

## **Statistics and Surveys**

### **U.S Census Bureau - No. 98-3 Gender and Aging: Caregiving (1998)**

Download Page: <http://www.census.gov/ipc/www/publist.html#PUB>

Direct File (Adobe): <http://www.census.gov/ipc/prod/ib-9803.pdf>

### **National Study of the Changing Work Force (1998) – Families and Work Institute**

Download Page: <http://www.familiesandwork.org/announce/workforce.html>

Direct File (Adobe): <http://www.familiesandwork.org/summary/nscw.pdf>

### **National Family Caregivers Members Survey (1997)**

<http://www.nfcacares.org/survey.html>

### **Selected Characteristics - Family Caregiver Alliance [California](Statewide Assessment Database (January-June 1997)**

[http://www.caregiver.org/who\\_are.html](http://www.caregiver.org/who_are.html)

[http://www.caregiver.org/stat\\_risk.html](http://www.caregiver.org/stat_risk.html)

<http://www.caregiver.org/newsletters/summer98/trends.html>

Fact Sheet: [http://www.caregiver.org/factsheets/caregiver\\_stats.html](http://www.caregiver.org/factsheets/caregiver_stats.html) (includes bibliography of other studies)

### **Who Cares? Families Caring For Persons with Alzheimer's Disease (Alzheimer's Association)**

Press Release (Temporary): <http://www.alz.org/news/index.htm>

Copies are \$12.00, call Terri Vinson-Gbade at 202/393-7737 or e-mail [Terri.Gbade@alz.org](mailto:Terri.Gbade@alz.org)

## CAREGIVER STRESS (continued)

### **Estimated Value of Informal Caregiving, Number of Informal Caregivers and Caregiving hours by State, 1997 (Alzheimer's Association)**

<http://www.alz.org/news/index.htm>

### **American Association of Retired Persons**

#### **Publication Only: Family Caregiving in the U.S. Findings From a National Survey, D16474**

Single copies are free from AARP Fulfillment,  
601 E Street, NW, Washington, DC 20049.

### **Work and Eldercare: Facts For Caregivers and Their Employers**

(Women's Bureau, U.S. Department of Labor) May 1998

[http://www.dol.gov/dol/wb/public/wb\\_pubs/elderc.htm](http://www.dol.gov/dol/wb/public/wb_pubs/elderc.htm)

### **International Brief: Gender and Aging – Caregiving** (International Program Center, U.S. Bureau of the Census)

Download PDF file from: <http://www.census.gov/ipc/prod/ib-9803.pdf>

## **Laws Affecting Caregiving**

### **Family and Medical Leave Act**

**Home Page:** <http://www.dol.gov/dol/esa/fmla.htm>

#### **Fact Sheet:**

<http://www.dol.gov/dol/esa/public/regs/compliance/whd/whdfs28.htm>

#### **Compliance Guide:**

<http://www.dol.gov/dol/esa/public/regs/compliance/whd/1421.htm>

**Law:** [http://www.dol.gov/dol/esa/public/regs/cfr/29cfr/toc\\_Part500-899/0825\\_toc.htm](http://www.dol.gov/dol/esa/public/regs/cfr/29cfr/toc_Part500-899/0825_toc.htm)

**BMC:4/91/99**

# **CAREGIVER RESOURCES**

## **Administration on Aging Websites**

### **Information about Services in Your Community**

<http://www.aoa.gov/elderpage/locator.html>

### **Information for Older Persons and Their Families**

<http://www.aoa.gov/elderpage.html>

### **Resource Directory for Older Persons**

<http://www.aoa.gov/aoa/resource.html>

### **Administration on Aging Fact Sheets**

<http://www.aoa.gov/factsheets/>

### **NIA Age Pages**

<http://www.aoa.gov/elderpage.html#ap>

### **ElderAction**

<http://www.aoa.gov/elderpage.html#ea>

### **Statistical Information on Older Persons**

<http://www.aoa.gov/aoa/stats/statpage.html>

### **Information for Practitioners**

<http://www.aoa.gov/practice.html>

## **Other Internet Sites with Information**

### **Access America for Seniors**

<http://www.seniors.gov/>

### **Healthfinder - a gateway consumer health information web site**

<http://www.healthfinder.gov>

## **CAREGIVER RESOURCES (continued)**

### **National Organizations on Caregiving**

**National Family Caregivers Association**

<http://www.nfcacares.org/>

**National Alliance for Caregiving**

<http://caregiving.org/>

**BMC: 4/01/99**

# **DISABILITY AND AGING**

## **Disabilities Data**

**Population Estimates of Disability and Long Term Care**

<http://aspe.hhs.gov/rn/rn11.htm>

**Census Information on Disabilities**

<http://www.census.gov/hhes/www/disable.html>

**Disabilities Statistics Center**

<http://dsc.ucsf.edu/>

## **Government Agencies Concerned with Disabilities**

**National Council on Disability**

<http://www.ncd.gov/>

**Office on Disability and Health**

<http://www.cdc.gov/nceh/programs/disabil/>

**National Institute on Disability and Rehabilitation Research**

<http://www.ed.gov/offices/OSERS/NIDRR/>

**Administration on Developmental Disabilities**

<http://www.acf.dhhs.gov/programs/add/>

**Disabilities Issues Task Force**

<http://www.fcc.gov/dtf/>

**Disabilities and Managed Care**

<http://managedcare.hhs.gov/>

## **Advocacy Organizations**

**Bazelon Center for Mental Health Law -Disabilities**

<http://www.bazelon.org/ada.html>

**Internet Directory of Disabilities Sites**

[http://codi.buffalo.edu/graph\\_based/bulletin.boards/#general](http://codi.buffalo.edu/graph_based/bulletin.boards/#general)



## **DISABILITY AND AGING (continued)**

### **Specific Information**

**Number of selected reported chronic conditions per 1,000 persons, by sex and age: United States, 1994**

<http://www.cdc.gov/nchswww/fastats/ce94t58.htm>

**Chartbook on Work and Disability in the United States, 1998**

<http://www.disabilitydata.com/disabilitydata/workdisability.html>

**Population Estimates of Disability and Long Term Care, February 1995**

<http://aspe.hhs.gov/rn/rn11.htm>

**Publications of the National Council on Disability**

<http://www.ncd.gov/publications/publications.html>

**U.S. Census - Disability**

<http://www.census.gov/hhes/www/disable.html>

**Long Term Care Survey**

<http://www.cdc.gov/nchswww/products/catalogs/subject/lsa/lsa.htm>

**Trends in the Health of Older Americans: United States, 1994**

<http://www.cdc.gov/nchswww/products/pubs/pubd/series/sr3/30-21/30-21.htm>

**Trends in Disability Rates in the United States, 1970-1994**

<http://dsc.ucsf.edu/abs/ab17.html>

**Health Conditions and Impairments Causing Disability**

<http://dsc.ucsf.edu/abs/ab16.html>

**Disability Among Racial and Ethnic Groups**

<http://dsc.ucsf.edu/abs/ab10.html>

**Disability in the States**

<http://dsc.ucsf.edu/abs/ab6.html>

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# **DIVERSITY AND AGING**

## **Government Sponsored Programs**

### **The American Indian, Alaskan Native, and Native Hawaiian Program – Title VI, Older Americans Act**

Description: <http://www.aoa.dhhs.gov/factsheets/natams.html>

Source Information: <http://www.aoa.dhhs.gov/ain/default.htm>

### **Senior Community Service Employment Program - Title V, Older American Act, Department of Labor, Employment Training Administration**

Home Page: <http://www.wdsc.org/owprog/index.html>

Sponsors: <http://www.wdsc.org/owprog/97-a.htm#anppm>  
<http://www.ncba-blackaged.org/sepfr.htm>

## **National Aging Organizations**

### **National Asian Pacific Center on Aging (NAPCA)**

Melbourne Tower, Suite 914

1511 Third Avenue

Seattle, WA 98101-1626

Phone: 206-624-1221 - Fax: 206-624-1023

No web site – private site here:

<http://lausd.k12.ca.us/~lmadison/eva/eva2/welcome.html>

### **National Caucus and Center on Black Aged**

1424 K Street, N.W., Ste. 500

Washington, DC 20005

Phone: 202-637-8400 - Fax: 202-347-0895

<http://www.ncba-blackaged.org/>

### **National Hispanic Council on Aging (NHCOA)**

2713 Ontario Road, N.W., Ste. 200

Washington, DC 20009

Phone: 202-745-2521 - Fax: 202-745-2522

[http://www.incacorp.com/nhcoa\\_mission](http://www.incacorp.com/nhcoa_mission)

### **National Indian Council on Aging**

10501 Montgomery Blvd., N.E., Suite 210

Albuquerque, New Mexico 87111

(505) 888-3302

FAX (505) 888-3276

<http://www.nicoa.org/>

## **DIVERSITY AND AGING (continued)**

### **Native American Resource Centers**

**National Resource on Native American Aging (AoA funding\_**  
(University of North Dakota at Grand Forks)  
<http://www.und.nodak.edu/dept/nrcnaa/overview.htm>

**Native Elder Health Care Resource Center (AoA funding)**  
(University of Colorado Health Sciences Center)  
<http://www.uchsc.edu/sm/nehcrc/>

**National Center for American Indian and Alaska Native  
Mental Health Research**  
<http://www.uchsc.edu/sm/ncaianmhr/abtncain.htm>

**National American Indian Housing Council**  
<http://naihc.indian.com/>

**BMC: 2/26/99**

# **FALLS AND HIP FRACTURES**

Falls among the elderly is a serious problem that often leads to other difficulties. The Center for Disease Control and Prevention in Atlanta has looked at this question in two of its Centers:

**National Center for Injury Prevention and Control**

<http://www.cdc.gov/ncipc/>

**National Center for Disease Prevention and Health Promotion**

<http://www.cdc.gov/nccdphp/>

Each of the centers listed above has a different approach. The National Center for Injury Prevention and Control has a set of web pages on prevention of falls:

**Falls and Hip Fractures Among the Elderly Fact Sheet**

<http://www.cdc.gov/ncipc/duip/falls.htm>

**Preventing Falls Among Seniors**

<http://www.cdc.gov/ncipc/duip/spotlite/falls.htm>

Which Includes:

**Tips:**

<http://www.cdc.gov/ncipc/duip/spotlite/falltips.htm>

**Publications:**

<http://www.cdc.gov/ncipc/duip/spotlite/fallpub.htm>

**Partnerships**

<http://www.cdc.gov/ncipc/duip/spotlite/fallpart.htm>

**Intramural Research**

<http://www.cdc.gov/ncipc/duip/spotlite/fallintr.htm>

**Extramural Research**

<http://www.cdc.gov/ncipc/duip/spotlite/fallextr.htm>

**Other Resources**

<http://www.cdc.gov/ncipc/duip/spotlite/falother.htm>

## **FALLS AND HIP FRACTURES (continued)**

**National Center for Disease Prevention and Health Promotion** has a **fact sheet** developed for the Surgeon General's Report of Physical Activity and Health on the its value for older adults. It can be downloaded in adobe format from this location: <http://www.cdc.gov/nccdphp/sgr/olderad.htm>

Also from the Surgeon General's study is a fact sheet on the link between physical activity and morbidity, including the fact that it helps older adults become stronger and better able to move about without falling:

<http://www.cdc.gov/nccdphp/sgr/mm.htm>

The relationship between physical activity and frailty is difficult to document, however this Center assumes a close relationship. Two articles in the May 9, 1997 Morbidity and Mortality Weekly Report have relevance - Prevalence of Leisure-Time Physical Activity Among Persons with Arthritis and Other Rheumatic Conditions --- United States, 1990--1991 and Monthly Estimates of Leisure-Time Physical Inactivity --- United States, 1994 and can be downloaded in Adobe format from here: <http://www.cdc.gov/epo/mmwr/preview/mm4618.html>.

**Other parts of the study include:**

**Poster in color in adobe format, It's Everywhere You Go:**

<http://www.cdc.gov/nccdphp/dnpa/readysset/reachtar.htm>

**A list of health and fitness organizations which may have materials:**

<http://www.cdc.gov/nccdphp/dnpa/readysset/paresour.htm>

**Organization websites:**

<http://www.cdc.gov/nccdphp/dnpa/readysset/nonfed.htm>

In another section of the Center's website is an article which shows that among preventable causes of death, lack of physical activity and good nutrition rank only behind use of tobacco:

<http://www.cdc.gov/nccdphp/dnpa/dnpaaag.htm>

## FALLS AND HIP FRACTURES (continued)

Elsewhere in the CDC collection of websites are:

A publication from the National Agricultural Safety Database on preventing falls: <http://www.cdc.gov/niosh/nasd/docs/as04200.html>

A chapter from a publication on housing inspection about safety features: <http://www.cdc.gov/nceh/pubcatns/1994/cdc/books/housing/cha9.htm>

A report on the relationship between medications and hip fractures called Preventing Falls Among Seniors: <http://www.cdc.gov/ncipc/duip/fallcost.htm>

A good article on prevention of falls from the Ohio State University Extension which can be downloaded from here: <http://search.cdc.gov/search97cgi/s97/cgi.exe?action=Search&QueryZip=Falls&ResultTemplate=cdcnormat%2Ehts&QueryText=Falls&Collection=CDCALL1&SortField=Score&ResultStart=26&ResultCount=25>

# **GRANDPARENTS RAISING GRANDCHILDREN**

## **Statistics on Grandparents Raising Grandchildren**

**Co-resident Grandparents and Their Grandchildren: Grandparent Maintained Families**, By Lynne M. Casper and Kenneth R Bryson, Bureau of the Census, March 1998

<http://www.census.gov/population/www/documentation/twps0026/twps0026.html>

**Federal Benefits for low income families with grandparent care of children**

<http://www.aarp.org/getans/consumer/welfare.html>

**From the AARP Grandparent Center**

<http://www.aarp.org/getans/consumer/grandparents.html>

**Brookdale Foundation Seed Grants (Eastern U.S.)**

<http://www.ewol.com/brookdale/rapp1.html>

## **State Agencies with Booklets on Grandparents Raising Grandchildren**

**Eleanor Cain, Director**

**Delaware Division of Services for Aging and Adults with Physical Disabilities**

Department of Health and Social Services

1901 North DuPont Highway

New Castle, DE 19720

(302) 577-4791

FAX: (302) 577-4793

<http://kidshealth.org/nhc/divage/index.html>

**Margo Schreiber, Director**

**Illinois Department on Aging**

421 East Capitol Avenue, Suite 100

Springfield, IL 62701-1789

(217) 785-2870

Chicago Office: (312) 814-2630

FAX: (217) 785-4477

<http://www.state.il.us/aging/>

## **GRANDPARENTS RAISING GRANDCHILDREN (continued)**

**Virginia Department for the Aging**

1600 Forest Avenue, Suite 102

Richmond, VA 23219-2327

(804) 662-9333

FAX: (804) 662-9354

<http://www.aging.state.va.us/grandpts.htm>

**NYC Department for the Aging**

Public Affairs Office

2 Lafayette Street

New York, NY 10007

<http://aging.state.ny.us/caring/grandparents/index.htm>

**BMC: 3/23/99**



# **HEALTH MAINTENANCE ORGANIZATIONS**

## **Types of HMOs**

### **Social**

[http://managedcare.hhs.gov/program\\_descriptions/medicare/social\\_hmos.htm](http://managedcare.hhs.gov/program_descriptions/medicare/social_hmos.htm)

### **PACE (Program for All Inclusive Care of the Elderly) –**

[http://managedcare.hhs.gov/program\\_descriptions/medicare/pace.htm](http://managedcare.hhs.gov/program_descriptions/medicare/pace.htm)

<http://www.hcfa.gov/medicaid/pace/pacehmpg.htm>

## **Government Oversight**

### **National Association of Insurance Commissioners**

<http://www.naic.org/>

State insurance commissions have oversight on these types of insurance: Property & Casualty; Life, Accident & Health; Fraternal; Title; Health Maintenance Organizations (HMO); and Hospital, Medical and Dental Service or Indemnity Corporations (HMDI)

### **Interactive Map of Commission Contacts**

<http://www.naic.org/consumer/state/usamap.htm>

### **Health Care Financing Administration – Managed Care**

<http://www.hcfa.gov/medicare/mgdcar1.htm>

### **statistics on managed care**

<http://www.hcfa.gov/medicare/mgd-rept.htm>

### **database on plans (Medicare Compare):**

<http://32.97.224.58/comparison/default.asp>

### **Department of Health and Human Services, Assistant Secretary for Planning and Evaluation – Disabilities and Managed Care**

[http://managedcare.hhs.gov/program\\_descriptions/index.html](http://managedcare.hhs.gov/program_descriptions/index.html)

## HEALTH MAINTENANCE ORGANIZATIONS (continued)

### Accreditation of Plans

There are at least two industry accreditation commissions which look at health maintenance organizations and plans:

#### **American Accreditation HealthCare Commission/URAC**

*(<http://www.urac.org>)*

#### **List of accredited companies is:**

*<http://www.aahp.org/menus/backtomain.cfm?menuitemlink=%2Fhotlinks%2Findex%2Ecfm>*

#### **National Committee for Quality Assurance**

*(<http://www.ncqa.org/>)*

#### **Reports on accredited plans:**

*<http://www.aahp.org/menus/backtomain.cfm?menuitemlink=%2Fhotlinks%2Findex%2Ecfm>*

#### **Search list of accredited plans:**

*<http://www.aahp.org/menus/backtomain.cfm?menuitemlink=%2Fhotlinks%2Findex%2Ecfm>*

### Trade Association

The industry organization is the **American Association of Health Plans**. They have a search engine page of members you can search by selecting in the box :  
“General/AAHD Member Organizations”

Some of these are one state only, others are not.

*<http://www.aahp.org/menus/backtomain.cfm?menuitemlink=%2Fhotlinks%2Findex%2Ecfm>*

**Florida has an association of HMO's** and a website with information on 17 members:

*<http://www.fahmo.org/fahmo/fahmo/membership.htm>*

**BMC: 3/8/99**

# **HOME DESIGN**

Every public opinion survey of older adults indicates that the vast majority desire to remain in their own home as long as possible. For some, the decision to move is based on lifestyle changes – a location with a different climate or an active retirement community. For others, the decision to move is based on new limitations in mobility created by a physical or health-related condition. Independent living can be sustained in one's current residence in many cases through design modifications and the addition of home safety appliances and appurtenances.

## **Comprehensive Sites**

### **Home Modification Action Project**

<http://www.usc.edu/dept/gero/hmap/>

### **Housing Highlights Home Modification and Repair**

<http://www.usc.edu/dept/gero/hmap/houshi.htm>

### **The Caring Home Booklet: Environmental Coping Strategies for Alzheimer's Caregivers**

<http://www.usc.edu/dept/gero/hmap/carhom/toc.htm>

### **Homes That Help: Advice From Caregivers For Creating A Supportive Home**

<http://www.usc.edu/dept/gero/hmap/library/hthelp/>

### **Housing Environments for Persons Who Are Elderly and Disabled**

<http://www.exnet.iastate.edu/Pages/housing/homepage.html>

## **Home Safety Assessment**

### **Safe, comfortable housing for the elderly**

<http://www.cdc.gov/niosh/nasd/docs/as29300.html>

### **Home Safety Checklist**

<http://www.cdc.gov/niosh/nasd/docs/as04700.html>

## **HOME DESIGN (continued)**

### **Home Fire Safety Checklist**

[gopher://www.cpsc.gov/00/CPSC\\_Pubs/Fire\\_Sfy/4556.txt](gopher://www.cpsc.gov/00/CPSC_Pubs/Fire_Sfy/4556.txt)

## **Accessible Design and Retrofitting**

### **The ADA/Home Modification/Assistive Technology Resource Network**

<http://www.aota.org/consumer/>

### **Home Modification Independent Living Kit – AARP**

<http://www.aarp.org/programs/connect/homemodification.htm>

### **Ageless Design – Retrofitting**

<http://www.agelessdesign.com/about.htm>

### **Bathroom Modifications**

<http://www.aota.org/consumer/bathroom.html>

## **From an Architect's Perspective**

### **Institute on Aging and Environment – University of Wisconsin-Milwaukee, School of Architecture**

<http://www.uwm.edu/Dept/IAE/>

### **Environment and Gerontology Network**

<http://www.tm.tue.nl/gerontology/>

### **American Institute of Architects – Easy Access Housing Design**

[http://www.HealthDesign.org/links\\_to\\_sites.html](http://www.HealthDesign.org/links_to_sites.html)

## **From a Builder's Perspective**

### **Partnerships for Advancing Technology in Housing**

<http://www.pathnet.org/>

### **24 Ways to Make Your Houses Accessible – January, 1997 Builder OnLine**

<http://builder.hw.net/monthly/1997/jan/24ways.htm>

## HOME DESIGN(continued)

**Mature Buyers – The Next Wave – July, 1997 – Builder OnLine**

<http://builder.hw.net/monthly/1997/jul/cover/cover1.htm>

**Use Creativity, Innovation, Caring To Address Needs & Preferences Of Older Persons, May 1997, William J. Brown, AIA, - Professional Builder**

<http://www.probuilder.com/magazine/news/may97/05elder.htm>

**Virginia Builder Finds Asset In Accessible Housing, October 1996 – Professional Builder**

<http://www.probuilder.com/magazine/news/oct96/10housemonth.html>

**BMC: 4/26/99**

# **INTERGENERATIONAL PROGRAMS**

## **Intergenerational Organizations**

### **Generations United**

<http://www.gu.org/>

### **Resources page**

<http://www.gu.org/documents/ctheg.htm>

### **Center for Intergenerational Learning**

<http://www.temple.edu/departments/CIL/>

### **Publications list**

<http://www.temple.edu/departments/CIL/pubs.html>

### **Center for Intergenerational Learning**

1601 North Broad Street, Room 206

Philadelphia, PA 19122

Phone: 215/204-6970

FAX: 215/204-6733

email inquiries to: [mikesonk@astro.ocis.temple.edu](mailto:mikesonk@astro.ocis.temple.edu)

<http://www.temple.edu/departments/CIL>

### **Generations Together**

<http://www.pitt.edu/~gti/>

### **Publications list**

[http://www.pitt.edu/~gti/pub\\_indx.html](http://www.pitt.edu/~gti/pub_indx.html)

### **University Center for Social and Urban Research**

University of Pittsburgh

121 University Place, Suite 300

Pittsburgh, PA 15260-5907

phone: (412) 648-2209

FAX (412) 648-7446

List of Links on this site: <http://www.pitt.edu/~gti/igpsites.htm>

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# **INTERNATIONAL AGING STATISTICS**

(See also AoA Website: <http://www.aoa.gov/international/default.html>)

## **U.S Bureau of the Census**

### **International Programs Center**

<http://www.census.gov/ipc/www/publist.html>

Documents in Adobe Format (load from International Program Center page)

*No. 98-3 Gender and Aging: Caregiving (1998) 94K*

*No. 97-3 Gender and Aging: Demographic Dimensions (1997) 713K*

*No. 97-2 Aging Trends: South Africa (1997) 159K*

*No. 95-1 Old Age Security Reform in China (1995) 310K*

### **International Data Base (227 countries)**

<http://www.census.gov/ipc/www/idbnew.html>

### **Population Pyramids by Age and Sex (select countries)**

<http://www.census.gov/ipc/www/idbpyr.html>

### **Aggregate Population by Age and Sex (select button)**

<http://www.census.gov/ipc/www/idbagg.html>

### **Older Workers, Retirement and Pensions: A Comparative International Chartbook**

[http://www.census.gov/ipc/www/ipc95\\_2.html](http://www.census.gov/ipc/www/ipc95_2.html)

### **World Population Profile: 1996**

<http://www.census.gov/ipc/www/wp96.html>

## **United Nations**

### **The Ageing of the World's Population**

<http://www.un.org/esa/socdev/agewpop.htm>

<http://www.popin.org/pop1998/8.htm>

## INTERNATIONAL AGING STATISTICS(continued)

### **Oldest Old**

<http://www.popin.org/pop1998/9.htm>

### **Indicators on Youth and Elderly populations**

<http://www.un.org/Depts/unsd/social/youth.htm>

### **Population aged 60 and over, 1997 (by Country and Sex)**

Africa: <http://www.un.org/Depts/unsd/gender/1-2afr.htm>

Asia and Pacific: <http://www.un.org/Depts/unsd/gender/1-2asi.htm>

Latin America: <http://www.un.org/Depts/unsd/gender/1-1lat.htm>

Developed Countries: <http://www.un.org/Depts/unsd/gender/1-2dev.htm>

### **Percentage Not Currently Married, Age 60 and over and Gender**

Africa: <http://www.un.org/Depts/unsd/gender/1-5afr.htm>

Asia and Pacific: <http://www.un.org/Depts/unsd/gender/1-5asi.htm>

Latin America: <http://www.un.org/Depts/unsd/gender/1-5lat.htm>

Developed Countries: <http://www.un.org/Depts/unsd/gender/1-5dev.htm>

### **Life Expectancy at Birth**

Africa: <http://www.un.org/Depts/unsd/gender/3-1afr.htm>

Asia and Pacific: <http://www.un.org/Depts/unsd/gender/3-1asi.htm>

Latin American: <http://www.un.org/Depts/unsd/gender/3-1lat.htm>

Developed Countries: <http://www.un.org/Depts/unsd/gender/3-1dev.htm>

### **International Organizations and National Statistical Agencies**

<http://www.cbs.nl/isi/links.htm>

## **World Health Organization**

### **Aging and Health: Scope of the Challenge**

<http://www.who.int/hpr/ahe/scope.html>

### **World Health Report: 1998**

<http://www.who.org/whr/1998/whr-en.htm>

Charts from the above (aggregates):

**population aged 65 and above, 1997 (world map with proportion aging)**

<http://www.who.org/whr/1998/age-97-e.gif>



## INTERNATIONAL AGING STATISTICS(continued)

**population aged 65 and above, 2025** (world map with proportion aging)

<http://www.who.org/whr/1998/age-25-e.gif>

**Age structure of deaths, 1955-2025**

<http://www.who.org/whr/1998/fig3e.jpg>

**Population by age and sex, 1995 and 2025**

<http://www.who.org/whr/1998/fig13e.jpg>

**Causes of deaths by main causes, by level of development, 1985, 1990 and 1997**

<http://www.who.org/whr/1998/fig6e.jpg>

## Pan American Health Organization

**Core Data for the Americas** (Includes life expectancy and percent of population 65 and over by country)

<http://www.paho.org/english/hdp/ihomeibs.htm>

## World Bank

**World Development Report 1998/99: Knowledge for Development**

<http://www.worldbank.org/wdr/>

(Note: Go to full report (table of contents) select quality of life, download in adobe format – shows life expectancy by country)

**Averting the Old-Age Crisis: Technical Annex – 1996**

<http://www.worldbank.org/html/dec/Publications/Workpapers/wps1572-abstract.html>

(download full Annex from FTP access button at end of abstract – the main report is not downloadable, but available from GPO – see

<http://www.worldbank.org/html/extpb/AvertOld.html>)

**New Systems for Old Age Security: Theory, Practice, and Empirical Evidence - 1997**

<http://www.worldbank.org/html/dec/Publications/Workpapers/WPS1700series/wps1766/wps1766-abstract.html>

(download full report from FTP access button at end of abstract)

## INTERNATIONAL AGING STATISTICS(continued)

### Countries

#### United Kingdom

<http://www.doh.gov.uk/HPSSS/INDEX.HTM>

<http://www.statistics.gov.uk/>

**BMC:3/19/99**

# **LIFE EXPECTANCY AND LONGEVITY**

Life expectancy is a statistical projection of the length of an individual's lifespan based upon probabilities and assumptions of living conditions, medical discoveries and advances, natural disasters and other affecting factors. Morbidity statistics track presumed causes of death over time, producing trend data that can be factored into life expectancy tables. There are two basic life expectancy tables, one which projects average years of life remaining for an individual of a given age and the other the average number of years of life for all persons born in a given year. Insurance companies prefer the first type of table for the obvious reason that most policies are sold to adults. Individuals who have survived childhood are thus more likely to have an extended life span than the average member of their birth cohort. As can be viewed in the internet sites below, U.S. citizens are not the only population group living longer. Questions about how long the lifespan can be extended through the discoveries of biological research are now being debated. What we do know is that lifestyle choices can affect an individual's lifespan, and that collectively, future population cohorts have the power to increase their own longevity.

## **National Center for Health Statistics, Center for Disease Control and Prevention**

**Mortality Data from the National Vital Statistics System** – National Center for Health Statistics, Centers for Disease Control and Prevention

<http://www.cdc.gov/nchswww/about/major/dvs/mortdata.htm>

- **Life expectancy at birth by race and sex: United States, 1940, 1950, 1960, and 1970-95**

<http://www.cdc.gov/nchswww/datawh/statab/pubd/4511s2.htm>

- **Life Expectancy by Age, Race, and Sex, 1995 and 1996**

**Download from:**

<http://www.cdc.gov/nchswww/fastats/lifexpec.htm>

[http://www.cdc.gov/nchswww/data/mv46\\_1s2.pdf](http://www.cdc.gov/nchswww/data/mv46_1s2.pdf)

- **Deaths and death rates for the 10 leading causes of death in specified age groups: United States, preliminary 1996**

<http://www.cdc.gov/nchswww/datawh/statab/pubd/leadcod.htm>

## **US Census Bureau**

**U.S. Census Population Projections by Age, Sex, Race and Hispanic Origin, 1995-2025**

<http://www.census.gov/prod/1/pop/p25-1130/>

## **LIFE EXPECTANCY AND LONGEVITY (continued)**

## Articles from American Demographics Explaining U.S. Census Projections

**This is your Life Table** by Diane Crispell - February 1995 - American Demographics

[http://www.demographics.com/publications/ad/95\\_ad/9502\\_ad/9502ad02.htm](http://www.demographics.com/publications/ad/95_ad/9502_ad/9502ad02.htm)

**Inside the New Census Projections** by Brad Edmondson - April 1996 - The Numbers News

[http://www.demographics.com/publications/fc/96\\_nn/9604\\_nn/9604nn08.htm](http://www.demographics.com/publications/fc/96_nn/9604_nn/9604nn08.htm)

**Inside the New Household Projections** by Brad Edmondson - July 1996 - The Number News

[http://www.demographics.com/publications/fc/96\\_nn/9607\\_nn/9607nn01.htm](http://www.demographics.com/publications/fc/96_nn/9607_nn/9607nn01.htm)

**"States of the Future "** by Margaret K. Ambry - October 1994  
American Demographics

[http://www.demographics.com/publications/ad/94\\_ad/9410\\_ad/ad688.htm](http://www.demographics.com/publications/ad/94_ad/9410_ad/ad688.htm)

## Insurance Industry

1996 <http://www.insure.com/data/tables/le-all.html>

## News Article

MSNBC

<http://www.msnbc.com/news/221441.asp>

## Other Countries

Canada

<http://johns.largnet.uwo.ca/shine/health/lifeexp.htm>

Latin America

<http://www.lanic.utexas.edu/la/region/aid/aid96/Health/lalex96.html>

World

<http://www.infoplease.com/ipa/A0004393.html>

<http://www.infoplease.com/ipa/A0774532.html>

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## LONG TERM CARE INSURANCE

## **Consumer Focused Articles**

**State of Wisconsin Office of the Commissioner of Insurance Guide to Long Term Care**

[http://badger.state.wi.us/agencies/oci/pub\\_list/pi-047.htm#checklist](http://badger.state.wi.us/agencies/oci/pub_list/pi-047.htm#checklist)

**Idaho Senior Health Insurance Benefits Advisors - Long Term Care**

<http://www.doi.state.id.us/consumer/ltcare.htm>

**New York Health Insurance Counseling and Information – Long Term Care**

<http://hiicap.state.ny.us/ltc/index.htm>

**Chicago Sun-Times, Terry Savage (1999)**

[http://www.suntimes.com/savage/greatest\\_hits/longterm1.html](http://www.suntimes.com/savage/greatest_hits/longterm1.html)

[http://www.suntimes.com/savage/greatest\\_hits/longterm2.html](http://www.suntimes.com/savage/greatest_hits/longterm2.html)

**Wall Street Journal (1995) reprint in Boulder County Business Report**

<http://bcn.boulder.co.us/business/BCBR/1995/sep/ltcinsu2.html>

**St. Louis Business Journal (1996)**

**Market for long-term care insurance expected to grow, Lee Conrad**

<http://www.amcity.com/stlouis/stories/1996/09/16/focus8.html>

## **Public/Private Partnerships for Long Term Care (Robert Wood Johnson)**

**Robert Wood Johnson Press Release**

<http://www.rwjf.org/media/oldnewsb.htm>

**Table of Insurance Companies and States Involved**

<http://www.inform.umd.edu/aging/PLTC/insurers.html>

**California Partnership for Long Term Care**

<http://www.dhs.ca.gov/cpltc/>

**Connecticut Partnership for Long Term Care**

<http://www.opm.state.ct.us/pdpd4/ltc/home.htm>

**Indian Partnership for Long Term Care**

<http://www.ai.org/fssa/HTML/PROGRAMS/2diltcp.html>

**LONG TERM CARE INSURANCE (continued)**

**New York State Partnership for Long Term Care**  
<http://www.nyspltc.org/>

**University of Maryland Center on Aging**  
<http://www.inform.umd.edu/aging/PLTC/>

## **Bibliography on Long Term Care Insurance**

**National Association of Insurance Commissioners**  
<http://www.naic.org/products/libr/sub44.htm>

## **Public Policy and Statistics**

**Agency for Health Care Policy and Research**  
**Up to 23 percent of Elderly Americans Could Be Rejected for Private Long Term Care Insurance at Age 65**  
<http://www.ahcpr.gov:80/research/jan96/dept3.htm#head1>

**Health Care Financing Administration**  
**Nursing Home Care Expenditures Aggregate and Per Capita Amounts and Percent Distribution, by Source of Funds: Selected Calendar Years 1960-97**  
<http://www.hcfa.gov/stats/NHE-OAct/tables/t15.htm>

**Larson Long Term Care Croup**  
[http://www.ltcsolutions.com/reg\\_leg.html](http://www.ltcsolutions.com/reg_leg.html)

**Foundation for Taxpayer and Consumer Rights (California)**  
**Governor Signs Long Term Care Reform to Protect Insurance Benefits for Elderly**  
[http://www.consumerwatchdog.org/public\\_hts/medical/press/me100091.htm](http://www.consumerwatchdog.org/public_hts/medical/press/me100091.htm)

## **Directories and Independent Brokers of Long Term Care Insurance Carriers**

**Long Term Care Quote**  
<http://www.longtermcarequote.com/>

**Long Term Care Insurance Page**  
<http://members.aol.com/elderltc/index.htm/>

## **LONG TERM CARE INSURANCE (continued)**

**Long Term Care Insurance (for agents, brokers, estate and financial planners)**

<http://www.ltcins.com/>

**Long Term Care Insurance Shoppers**

<http://www.ltcshoppers.com/>

**Long Term Care Insurance Buyer's Advocate**

<http://www.prepsmart.com/secrets.html>

**Senior Long Term Care Insurance Brokerage, Inc.**

<http://www.ltcareinsurance.com/>

**LTC Specialist**

<http://www.ltcspecialist.com/homepage.htm>

**Insurance Services**

<http://www.longtermcareinsurance.cc/index.html>

**Quicken**

[http://www.insuremarket.com/basics/ltc/ltcbasics.htm?AD\\_COOKIE=QBTRYLRNLTC](http://www.insuremarket.com/basics/ltc/ltcbasics.htm?AD_COOKIE=QBTRYLRNLTC)

**DAK Financial Group**

<http://www.dakfinancial.com/>

**Long Term Care Associates**

<http://members.aol.com/ltcassist/index.html>

## **Insurance Companies – Long Term Care Policies**

**CNA**

<http://www.cnaltc.com/>

**Fortis**

<http://www.fortisltc.com/>

**Penn-Pacific**

<http://www.moneyguard.com/ht/>

**Maga Limited**

<http://www.magaltc.com/>

## **LONG TERM CARE INSURANCE (continued)**

**Travelers**

<http://www.travelers-netplus.com/>

**Periodicals**

**Long Term Care Insurance Sales Strategies**

<http://www.ltcsales.com/>

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# **LONG TERM CARE SERVICES IN THE STATES**

Long Term (LTC) care refers to the health, social, personal care, and supportive services needed by people who have lost some capacity for self-care because of a chronic illness or condition. That definition excludes medical care for acute conditions; however, post-acute care, such as skilled nursing care and home health care, is often classified as long-term care. In most of the information sources, it includes assisted living facilities, adult day care centers, caregiver respite, and other supportive care services delivered to home-bound individuals which collectively may be lower-cost substitutes for residential care.

## **National Views**

### **Projections of Long Term Care Services for the Elderly, March 1999**

(Congressional Budget Office)

<http://www.cbo.gov/showdoc.cfm?index=1123&sequence=0&from=1>

Note: The CBO excludes assisted living and adult day care cost from this projection – Not state level data

### **State Assisted Living Policy: 1998** (National Academy for State Health Policy)

<http://aspe.os.dhhs.gov/daltcp/reports/98state.htm>

### **Consumer-Directed Personal Assistance Services: Key Operational Issues for State CD-PAS Programs Using Intermediary Service Organizations (1997)**

<http://aspe.os.dhhs.gov/daltcp/reports./cdpas.pdf>

Note: Requires an Adobe Reader

### **Medicaid Home and Community-Based Services Waiver (HCBW) programs**

(Office of Disability, Aging and Long Term Care, ASPE, DHHS)

[http://managedcare.hhs.gov/program\\_descriptions/medicaid/1915\(c\).htm](http://managedcare.hhs.gov/program_descriptions/medicaid/1915(c).htm)

### **Long Term Care for the Elderly: Profiles of Thirteen States, August 1988**

(Urban Institute)

<http://newfederalism.urban.org/html/occa12.html>

### **Managed Care Issues and Themes: What Next for the Aging Network? July 1996** (Institute for Health Services Research School of Public Health)

<http://www.aoa.dhhs.gov/aoa/pages/mc-rpt.html>

## LONG TERM CARE SERVICES (continued)

### **State LTC Profiles Report, 1995** (Administration on Aging)

<http://www.aoa.gov/aoa/HCBLTC/Profiles/default.htm>

Note: Based on grant report by Richard C. Ladd, Robert L. Kane, Rosalie A. Kane, and Wendy J. Nielsen, Institute for Health Services Research, School of Public Health, University of Minnesota

### **Estimated Value of Informal Caregiving, Number of Informal Caregivers and Caregiving hours by State, 1997** (Alzheimer's Association)

<http://www.alz.org/news/index.htm>

## States in Transition

### **Arkansas**

**Independent Choices** (Division of Aging and Adult Services Robert Wood Johnson Demonstration)

<http://www.state.ar.us/dhs/aging/ichoice.html>

**ElderChoices** (Division of Aging and Adult Services Medicaid Home and Community Waiver )

<http://www.state.ar.us/dhs/aging/ec.html>

### **Florida**

**Get Up or Get Out: A Status Report on Florida's Initiative to Improve Troubled Nursing Homes**

<http://www.fdhc.state.fl.us/hdata/pdf/gugo1598.pdf>

Note: PDF file requires Adobe Reader

**Structure and Services of the Department of Elderly Affairs**

<http://www.leg.state.fl.us/session/1999/senate/workprogram/pdf/98-07cf.pdf>

Note: PDF file requires Adobe Reader. Describes possible transfer of integration of adult services and protective services with discussion of integration of long term care services

### **Michigan**

**Home and Community Based Waiver for the Elderly and Disabled** (Offices of Services to the Aged)

<http://www.mdch.state.mi.us/mass/waivrnfo.html>

## LONG TERM CARE SERVICES (continued)

**1998-2000 Goals & 1999 Objectives - State Plan for Services to the Elderly Draft Amendments: FY1999**

<http://www.mdch.state.mi.us/mass/stplsum99.html>

**Minnesota**

**Aging Initiative: Project 2030** (Minnesota Department of Human Services) <http://www.dhs.state.mn.us/agingint/default.htm>

**Minnesota Senior Health Options**

<http://www.dhs.state.mn.us/Aging/Policy/mshosumm.htm>

**Ohio**

**PASSPORT Home Care** (Pre-Admission Screening System Providing Options and Resources Today) Ohio Department of Aging

<http://www.state.oh.us/age/PASSPORT.htm/>

**Oregon**

**The "Oregon Model" (Senior and Disabled Services)**

[http://www.sdsd.hr.state.or.us/about/oregon\\_model.htm](http://www.sdsd.hr.state.or.us/about/oregon_model.htm)

**Vermont**

**Home Sweet Home Long Term Care Options in Vermont**

<http://www.dad.state.vt.us/dail/Home%20Sweet%20Home2.html>

**Wisconsin**

**Family Care and other Long Term Care Redesign Efforts**

<http://www.dhfs.state.wi.us/LTCare/index.htm>

**BMC: 3/26/99**

# **MENTAL HEALTH AND AGING**

## **Mental Health and Aging Advocacy Project**

<http://www.mhaging.org/>

**Self Recognition Questions:** <http://www.mhaging.org/help/recognize.html>

**Glossary of Terms:** <http://www.mhaging.org/help/glossary.html>

**Reading List:** <http://www.mhaging.org/info/reading.html>

**Newsletter:** [http://www.mhaging.org/pubs/9\\_98nl.html](http://www.mhaging.org/pubs/9_98nl.html)

**Article: Overlooked and Underserved: Elders in Need of Mental Health Care**  
by: Trudy Persky, MSW, ACSW - <http://www.mhaging.org/info/olus.html>

## **Information Centers and Statistics - KEN – National Mental Health Services and Knowledge Exchange Network** <http://www.mentalhealth.org/>

**Surgeon General's Report on Mental Health:**  
<http://www.mentalhealth.org/whatsnew/SurGenMH.htm>

**Older Adult Consumers/Survivors Voices are Heard:**  
<http://www.mentalhealth.org/consumer/CABVo298/OlderAdult.htm>

**The Protection and Advocacy System: How It Benefits People With Mental Illness:** <http://www.mentalhealth.org/resource/caffair2.htm#Protec>

**Data Highlights: Utilization of Mental Health Organizations by Elderly Persons: Mental Health Statistical Note 214. February 1995:**  
<http://www.mentalhealth.org/mhstats/dtsht214.htm>

**Building State and Community Mental Health and Aging Coalitions**  
A "HOW-TO" Guide: <http://www.mentalhealth.org/Resource/how2.htm>

**Fact Sheets (General Population):**  
<http://www.mentalhealth.org/consumer/FactSheets/index.htm>

**Mental Health Services Database (1,800 organizations):**  
<http://www.cdmgroup.com/Private/Ken/kenindexnew.htm>

## **MENTAL HEALTH AND AGING (continued)**

**CMHS Mental Health Directory, 1995 (18,000 organizations):**

<http://www.cdmgroup.com/Private/Ken/MHindexnew.htm>

**Mental Health Services Research Database (2,000 abstracts):**

<http://www.cdmgroup.com/Ken-cf/MHRes.cfm>

**Aging and Mental Health Service Providers Form Partnership to Serve Elderly Moved from State Mental Hospitals to Boarding Homes:**

<http://www.cdmgroup.com/ken-cf/MHRAuthTitleDetail.cfm?PublicationTitle=Aging+and+Mental+Health+Service+Providers+Form+Partnership+to+Serve+Elderly+Moved+from+State+Mental+Hospitals+to+Boarding+Homes>

**Mental Health Center Services for the Elderly: The Impact of Coordination with Area Agencies on Aging:**

<http://www.cdmgroup.com/ken-cf/MHRAuthTitleDetail.cfm?PublicationTitle=Mental+Health+Center+Services+for+the+Elderly%3A+The+Impact+of+Coordination+with+Area+Agencies+on+Aging>

**Psychology is Central at National Institute on Aging:** [Psychology](#)

<http://www.cdmgroup.com/ken-cf/MHRAuthTitleDetail.cfm?PublicationTitle+is+Central+at+National+Institute+on+Aging>

**Older Persons Division – State Mental Health Programs for Older Persons National Association of State Mental Health Administrators**

<http://www.nasmhpd.org/olderdiv.htm>

**National Depressive and Manic Depressive Association**

<http://www.ndmda.org/>

**Chapter Directory:** <http://www.ndmda.org/chapdir.htm>

**A Guide to Depressive and Manic Depressive Illness**

<http://www.ndmda.org/id.htm>

**Self-Care: Living With Affective Disorders**

<http://www.ndmda.org/edpat.htm>

**Living With a Person With Depressive Illness: Take Care of Yourself, Too!**

<http://www.ndmda.org/edfam.htm>

**MENTAL HEALTH AND AGING (continued)**

**Advancing Mental Health: A Guide for Journalists**

<http://www.ndmda.org/guide.htm>

**Mid-American Congress on Aging Book**

**Aging and Mental Health: Aging in the Heartland, Arnold G. Parks, ed. -**

**order information: <http://www.mcs.net/~grossman/macament.htm>**

**BMC:3/25/99**

# **NURSING HOMES**

## **Directories – Individual Nursing Facilities:**

**Home Compare** (Health Care Financing Administration)

<http://www.medicare.gov/nursing/home.asp>

**Americana National Nursing Home Listing** (Commercial)

<http://www.annhl.com/states.htm>

**Senior Sites** (Nationwide but sponsored by the California Association of Homes and Services for the Aging) <http://www.seniorsites.com/search.htm>

**American Association of Homes and Services for the Aging Member Links**

<http://www.aahsa.org/public/links.htm#link>

## **Directories – State Associations:**

**American Health Care Association**

<http://www.ahca.org/who/pubstate.htm>

**American Association of Homes and Services for the Aging**

<http://www.aahsa.org/public/state.htm>

## **Consumer Guides:**

**Guide to Choosing A Nursing Home** (Health Care Financing Administration)

<http://www.medicare.gov/publications/nursinghome.html>

**Finding the Right Nursing Home** (American Association of Homes and Services for the Aging)

<http://www.aahsa.org/public/sh.htm>

**Thinking About A Nursing Facility?** (American Health Care Association)

<http://www.ahca.org/info/pubthink.htm>

## **Consumer Advocacy for Families and Residents:**

**Long Term Care Ombudsman Program**

<http://www.aoa.gov/ltcombudsman/default.htm>

## **NURSING HOMES (continued)**

### **National Citizen's Coalition for Nursing Home Reform**

<http://www.nccnhr.org/>

### **Statistics:**

#### **FASTATS - Nursing Home Care** (National Center for Health Statistics)

<http://www.cdc.gov/nchswww/fastats/nursingh.htm>

**Access to Adobe files on:**

Nursing Home and Personal Care Home Residents Age 65 and Over by Age, Sex, and Race, 1963, 1973-74, 1985, and 1995 Nursing Homes, Beds, Occupancy, and Residents, by State: 1992 and 1995

#### **National Statistics** (American Health Care Association)

<http://www.ahca.org/who/profile4.htm>

<http://www.ahca.org/who/profile3.htm>

#### **Nursing Homes--Structure and Selected Characteristics, 1996** (Agency for Health Care Policy and Research)

<http://www.meps.ahcpr.gov/papers/98006/98-0006.htm>

#### **Nursing Home Update: 1996 Characteristics of Nursing Home Facilities and Residents** (Agency for Health Care Policy and Research)

<http://www.meps.ahcpr.gov/highlit/mephigh2.htm>

#### **McKnight Long Term Care News Nursing Home Industry Facts**

<http://www.medec.com/ltn/ltnfaq.html#nursinghomes>

### **Studies and Research**

#### **Government Policy and the Cost and Quality of Nursing Homes** (Center for the Study of Aging, RAND)

<http://www.rand.org/publications/RB/RB5012/>

#### **Residential Choices and Prospective Risks of Nursing Home Entry**

Kenneth A. Couch and Duke Kao, November 1998 (Aging Studies Center, Syracuse University)

<http://www-cpr.maxwell.syr.edu/demogctr/agpapser/age16abs.htm>

## **NURSING HOMES (continued)**



**Reliability Estimates for The Minimum Data Set For Nursing Home Resident**  
Assessment and Care Screening (MDS), Catherine Hawes, Ph.D., John N. Morris,  
Ph.D., Charles D. Phillips, Ph.D., M.P.H., Vince Mor, Ph.D., Brant E. Fries,  
Ph.D., Sue Nonemaker, R.N., M.S., Gerontologist, April 1995.  
[http://www.rti.org/publications/rai\\_gerontologist.cfm](http://www.rti.org/publications/rai_gerontologist.cfm)

**BMC: 4/1/99**

# **NUTRITION**

## **General web sites on nutrition for older adults**

<http://www.aoa.gov/Nutrition/default.htm>

<http://www.thriveonline.com/eats/seniors/senior.index.html>

## **Nutrition sites not specific to aging, but respected**

<http://www.mayohealth.org/mayo/common/htm/dietpage.htm>

<http://www.betterhealth.com/HK/SubjectMain/0,1344,165,00.html>

<http://www.ahsc.arizona.edu/~lei/nutrition/>

## **Professional and Academic sites**

### **American Dietetic Association:**

<http://www.eatright.org>

### **Geriatric Nutrition Practice Group:**

<http://trc.ucdavis.edu/gerinutr/>

### **Jean Mayer USDA Human Nutrition Research Center on Aging**

<http://www.hnrc.tufts.edu/>

### **National Policy and Resource Center on Nutrition and Aging**

<http://www.fiu.edu/~nutreldr/>

**BMC: 2/22/99**

# **OLDER ADULTS IN PRISONS**

## **General**

### **Definition of “Geriatric Prisoner”**

<http://www.ojp.usdoj.gov/cpo/voitis/qa/geriat.htm>

### **Geriatric Prisons More Like Nursing Homes For Infirm – 1997**

<http://www.acsp.uic.edu/iaco/kv1802/180209.shtml>

### **Profile of Jail Inmates 1996**

<http://www.ojp.usdoj.gov/bjs/abstract/pji96.htm>

(Report in adobe format only)

### **Sourcebook of Criminal Justice Statistics: Age data**

<http://www.albany.edu/sourcebook/1995/ind/PRISONERS.Federal.Age.2.html>

(Note: Scroll to “Prisoners.” Data tables in adobe format only)

### **1997 Criminal Justice Index: Incarceration Rates**

<http://www.justicefellowship.org/cjci-3.htm>

### **Department of Justice - National Institute on Corrections – Information Center**

<http://www.nicic.org/Database.htm>

(Search the data base for documents on geriatric or age)

## **State Specific**

### **Oklahoma**

#### **Tougher Sentencing Guidelines, Longer Life Expectancy Among the Major Causes in Aging of Prison Population By Dennis Cotner**

<http://204.62.19.52/INSIDEC/ic9711/ic971102.htm>

#### **A Concern in Corrections: Special Health Needs By Pete Doughty**

<http://www.doc.state.ok.us/InsideC/IC9611/ic961103.htm>

#### **Comment**

<http://members.aol.com/johng101/geripris.htm>

### **New Jersey**

<http://www.geocities.com/Athens/2949/gf03003.htm>

**BMC:3/5/99**

# **SENIOR CENTERS**

There is no census of the number and types of senior centers in the United States. Over 8,000 centers receive some funds originating from the Older Americans Act allocated through states and area agencies. Another estimate is that there are more than 16,000 senior centers, many funded entirely by local organizations and governments with others funded by state programs. The following sites include representative state, area agency and local directories and individual senior center site web pages.

## **Basic Information**

**Fact Sheet (Administration on Aging)**

<http://www.aoa.gov/factsheets/seniorcenters.html>

## **National Organizations**

**National Institute on Senior Centers**

<http://www.ncoa.org/nisc/nisc.htm>

Director: Debra Broughton

e-mail: [debra.broughton@ncoa.org](mailto:debra.broughton@ncoa.org)

toll free # 1-800-424-9046x6688.

## **National Organizations That Sponsor Senior Centers**

**YMCA**

<http://www.ymca.net/c/4/1.html>

email: [info@ymcausa.org](mailto:info@ymcausa.org)

## **Directories - National**

**Member Links (National Institute on Senior Centers)**

[http://www.ncoa.org/nisc/nisc\\_links.htm](http://www.ncoa.org/nisc/nisc_links.htm)

## **State Directories –**

**Rhode Island:** <http://eldercareri.com/seniorcenter.htm>

## **Directories - Area Agencies on Aging**

**White River Area Agency on Aging, Arkansas**

[http://www.wraaa.com/senior\\_centers.html](http://www.wraaa.com/senior_centers.html)

## **SENIOR CENTERS (continued)**

**Central Missouri Area Agency on Aging, Missouri**  
<http://centralmo-aging.org/centerslist.html>

## **Directories - City**

**Phoenix, Arizona** <http://www.pvc.maricopa.edu/fitness/seniors/centers.html>

## **Web Sites of Individual Centers (examples)**

**Wasilla Area Seniors, Inc, Wasilla, Alaska**  
<http://www.alaskaseniors.com/>

**Mizell Senior Center, Palm Springs, California**  
<http://mizell.org/default.htm>

**Tallahassee, Florida**  
<http://www.scri.fsu.edu/~sollohub/senior/senior.html>

**Tri City Senior Center, Middleburg Heights, Ohio**  
<http://ohioseniors.com/tricity/>

**Twinsburg Senior Center, Twinsburg, Ohio**  
<http://ohioseniors.com/twinsburg/main.html>

**Churchill County Senior Center, Fallon, Nevada**  
<http://www.cccomm.net/seniors/index.htm>

**Kennett Area Senior Center, Kennett Square, Pennsylvania**  
<http://www.ken-net.com/seniorcenter/index.htm>

**Golden Hub Senior Center, Fredericksburg, Texas**  
<http://www.fbg.net/goldenhub/>

**Kent Senior Activity Center, Kent, Washington**  
<http://www.cyberkent.com/seniors/index.html>

**South County Senior Center, Edmonds, Washington**  
<http://members.tripod.com/~scountyseniorcenter/main.htm>

**BMC:4/1/99**

# **SENIOR HOUSING SITES AND DIRECTORIES**

There are many housing options for older adults who reach retirement age or who for other reasons choose to move to housing with adult services. The internet sites selected here offer information on housing options ranging from retirement communities for active adults to assisted living complexes offering personal care and supportive services to facilities that include extended health care services.

## **Commercial Directories**

**The following are representative of on-line directories of retirement and housing facilities available in more than one state.**

<http://www.adultcareproviders.com>

<http://www.extendedcare.com/Eldercare/public/main.html>

<http://www.retirenet.com/>

<http://www.retirement-living.com/>

<http://www.livon.com/>

<http://www.seniorsearch.net/>

<http://www.registryone.com/Index7.htm>

<http://www.careguide.net/careguide.cgi/branding/alfa/state.htm!>

<http://www.senioroptions.com/>

[http://www.asaging.org/asa\\_sear.htm](http://www.asaging.org/asa_sear.htm)

<http://www.senioralternatives.com/>

<http://www.retirementresorts.com/>

<http://www.seniorliving.com/Directory.HTML>

<http://www.newlifestyles.com/>

## **SENIOR HOUSING SITES AND DIRECTORIES (continued)**

### **Non-Profit Facilities**

Some of the above commercial housing directories include facilities run by non-profit organizations. The following directory is primarily focused on them.

<http://www.aahsa.org/public/find.htm>

### **State Affiliates of National Senior Housing Organizations**

There are four major national membership organizations representing senior housing facilities. Three of them have directories of their state chapters.

<http://www.ahca.org/who/pubstate.htm>

<http://www.aahsa.org/public/state.htm>

<http://www.alfa.org/states.htm>

### **Senior Housing Industry Sites**

The fast growing senior housing and retirement industry has a number of “behind the scenes” organizations and trade publications. Here is a very small sample of some of them.

<http://www.NICinfo.org/index.html>

<http://retirementbusiness.com/directory.htm>

<http://www.seniorhousingsouth.com/>

<http://www.asha.nmhc.org/>

**BMC: 4/26/99**

# **SUICIDE AND THE ELDERLY**

## **Consumer**

**Tips for Dealing with Suicidal Depression** (National Depressive and Manic-Depressive Association)

<http://www.ndmda.org/suicide.htm>

**Center For Elderly Suicide Prevention**

<http://www.growthhouse.org/cesp.html>

**Suicide phone counseling for seniors at risk improves their outlook**

<http://wupa.wustl.edu/nai/feature/1997/Dec97-suicide.html>

## **Practitioner/Researcher**

**Suicide Research Consortium**

<http://www.nimh.nih.gov/research/suicide.htm>

**U.S. Suicide Rates by Age, Gender and Racial Group**

<http://www.nimh.nih.gov/research/suichart.htm>

**Suicide Facts**

<http://www.nimh.nih.gov/research/suifact.htm>

**Abstracts of Currently Funded Research Grants Pertaining to Suicidal Behavior** (NIMH grants)

<http://www.nimh.nih.gov/research/suiabs.htm>

(Includes several focused exclusively on older adults)

**Selected Bibliography on Suicide Research (1998)**

<http://www.nimh.nih.gov/research/suibib98.htm>

**National Center for Injury Prevention and Control** (Centers for Disease Control and Prevention, DHHS)

<http://www.cdc.gov/ncipc/osp/mortdata.htm>

**U.S. Mortality Statistics – 1989 – 1996 (All, Firearm, Non-Firearm)**

<http://www.cdc.gov/ncipc/osp/usmort.htm>

(Note: Other causes have two sets of data – total and unintentional, inferring the difference may or may not be intentional, e.g. poisoning, fall, motor vehicle, suffocation)



## **SUICIDE AND THE ELDERLY (continued)**

### **Regional Variations in Suicide Rates -- United States, 1990-1994, from MMWR Weekly, August 29, 1997**

<http://www.cdc.gov/epo/mmwr/preview/mmwrhtml/00049117.htm>

(Note: includes data table by age – html file very slow to load)

### **Canada – Suicide Information Center**

<http://www.siec.ca/information.html>

### **Suicide Among the Aged [in Canada] (February 1998, #28)**

<http://www.siec.ca/alert/alert/alert28.pdf>

**BMC:3/25/99**

# **TECHNOLOGY, AGING AND DISABILITIES**

Physical, cognitive and other forms of disabilities afflict individuals of all ages and, in their severest forms, make it difficult for persons to perform even the most ordinary functions of daily living. While there are differences across the age span, technological advances that were designed for one age group frequently have applications for others. Many of the internet sites listed below are supported by the Department of Education's National Institute on Disability and Rehabilitation Research whose focus includes younger children, working age adults and older adults.

## **National Health Interview Survey on Disability (NHIS-D) – Who Uses AT?**

[http://www.cdc.gov/nchswww/about/major/nhis\\_dis/nhis\\_dis.htm](http://www.cdc.gov/nchswww/about/major/nhis_dis/nhis_dis.htm)

## **ABLEDATA – 23,000 products - The National Institute on Disability and Rehabilitation Research - U.S. Department of Education**

<http://www.abledata.com/index.htm>

## **Assistive Technology on Line (University of Delaware)**

<http://www.asel.udel.edu/at-online/assistive.html>

## **What are “Assistive Technology Devices?” (University of Delaware)**

<http://www.asel.udel.edu/at-online/devices/>

## **Federally Funded Programs Related to Assistive Technology**

<http://www.asel.udel.edu/at-online/programs/>

## **List and URL Links to Rehabilitation Engineering Research Centers**

<http://www.asel.udel.edu/at-online/programs/lerc/>

## **National Rehabilitation Information Center – Information for Independence**

<http://www.cais.com/naric/>

## **Center for Assistive Technology**

<http://wings.buffalo.edu/ot/cat/lerc-dissemination.htm>

## **Promoting Independence and Quality of Life for Older Persons – Conference - Rehabilitation Engineering Research Center on Aging, University of Buffalo, SUNY**

<http://wings.buffalo.edu/ot/cat/conference/firstcall.htm>

## **Project LINK – between the consumer and manufacturer**

<http://wings.buffalo.edu/ot/cat/lerc-link.htm>

## **TECHNOLOGY, AGING AND DISABILITIES (continued)**

### **List of Assistive Technology Products**

<http://wings.buffalo.edu/ot/cat/devices.htm>

**BMC:4/01/99**

# TRANSPORTATION AND MOBILITY

As individuals age, changes in vision, physical strength and cognition can contribute to a loss of self-confidence and ability to operate a motor vehicle or use public transportation systems requiring self-locomotion for access and connectivity. The prospect of losing one's mobility is equated by many to mean a loss of independence and personal freedom. Faced with this choice, some older adults risk personal injury rather than give up their driver's license. Internet sites selected here reflect a broad spectrum of public policy viewpoints associated with these issues organized under "Transportation Studies" and "Older Drivers Studies."

## Transportation Studies

**Research and Special Programs Administration, U.S. Department of Transportation**

<http://www.rspa.dot.gov/>

**From Searches of the Technology Sharing Program (<http://www.tsp.dot.gov/>) and National Transportation Library (<http://ntl.bts.gov/>)**

**Safe Mobility in an Aging World, David Skinner and Mary D. Stearns, (January 1999)** <http://www.volpe.dot.gov/opsad/trbage.html>

**Accessibility for Aging and Transportation Disadvantaged Populations – National Science and Technology Council Transportation Technology Plan, Committee on Technology Subcommittee on Transportation Research and Development (November 1998)**

<http://www.volpe.dot.gov/pubs/nstc/nstcplan/chp2.html> or

<http://scitech.dot.gov/partech/accage/accessaging.html>

**Transportation and Our Aging Population: Volpe Center Helps Shape Future Policy, Volpe Transportation Journal (Spring 1997)**

<http://www.volpe.dot.gov/journal/spring97/aging.html>

**Improving Transportation for a (January 1997)**

<http://ostpxweb.dot.gov/policy/aging/index.html>

**National Transit Resource Center, Community Transportation Association**

<http://www.ctaa.org/ntrc/>

**All They Want Is A Ride: Seniors and People with Disabilities Compete for Scraps by Carolyn Jeskey Community Transportation (February, March 1997)**

<http://www.ctaa.org/ct/febmar97/compete.shtml>

**TRANSPORTATION (continued)**

## **Older Driver Studies**

### **National Highway Safety Administration**

<http://www.nhtsa.dot.gov/>

### **Research Agenda For Older Drivers**

<http://www.nhtsa.dot.gov/people/injury/olddrive/pub/Chapter3.html>

### **Older Drivers**

[http://www.nhtsa.dot.gov/search97cgi/s97\\_cgi.exe](http://www.nhtsa.dot.gov/search97cgi/s97_cgi.exe)

### **Older Drivers: Cues for Law Enforcement**

<http://www.nhtsa.dot.gov/people/injury/olddrive/cuesindex.html>

### **National Agenda for the Transportation Needs of an Aging Society**

<http://www.nhtsa.dot.gov/people/injury/olddrive/nataggen.html>

### **Committee on the Safe Mobility of Older Persons**

<http://www.nhtsa.dot.gov/people/injury/olddrive/pub/jul96trb.html>

<http://www.nhtsa.dot.gov/people/injury/olddrive/pub/osafem.html>

### **Road Management and Engineering Journal**

<http://www.usroads.com/journals/rmej.htm>

### **National Highway Traffic Safety Administration Publishes 1997 Statistics on Older Drivers (March 1999)**

<http://www.usroads.com/journals/rmej/9903/rm990302.htm>

### **Speaking Up for Octogenarian Drivers (November 1998)**

<http://www.usroads.com/journals/rmej/9811/rm981102.htm>

### **Study Compares Older and Younger Pedestrian Walking Speeds (October 1997)**

<http://www.usroads.com/journals/p/rej/9710/re971001.htm>

### **Effects of Aging on Older Drivers (August 1997)**

<http://www.usroads.com/journals/rej/9708/re970803.htm>

### **Vision and Driving Performance in Older Drivers (August 1997)**

<http://www.usroads.com/journals/rej/9708/re970804.htm>

**TRANSPORTATION** (continued)

**Elderly Drivers and the Comprehension of Traffic Signs (May 1997)**

<http://www.usroads.com/journals/rej/9705/re970503.htm>

**Licensing Older Drivers--Part I (March 1997)**

<http://www.usroads.com/journals/rej/9703/re970302.htm>

**Licensing Older Drivers--Part II**

<http://www.usroads.com/journals/rej/9703/re970303.htm>

**Licensing Older Drivers--Part III**

<http://www.usroads.com/journals/rej/9703/re970304.htm>

**Driving Safely: Does Age Matter? National Policy and Resource Center on Women and Aging Letter, Volume 3 Number 1 (June 1998)**

<http://www.aoa.gov/elderpage/wal0698.html>

**Mobility and Independence: Changes and Challenges for Older Drivers, Jon E. Burkhardt, Arlene M. Berger, Michael Creedon, and Adam T. McGavock - Ecosometrics, Inc (July 1998)**

<http://www.aoa.gov/research/drivers.html>

**Visual Processing Impairment and Risk of Motor Vehicle Crash Among Older Adults, Cynthia Owsley, PhD; Karlene Ball, PhD; Gerald McGwin, Jr, MS; Michael E. Sloane, PhD; Daniel L. Roenker, PhD; Milton F. White, MD; E. Todd Overley, OD, MS, Journal of the American Medical Association (April 8, 1998)**

[http://www.ama-assn.org/sci-ubs/journals/archive/jama/vol\\_279/no\\_14/oc71299a.htm](http://www.ama-assn.org/sci-ubs/journals/archive/jama/vol_279/no_14/oc71299a.htm)

**Michigan Department of State Older Driver Facts (December 1998)**

<http://www.mdch.state.mi.us/mass/miolddrv.html>

**New York Survey of Families and Caregivers Concerned About the Safety of an Older Driver (1997)**

<http://aging.state.ny.us/explore/drivers1.htm>

**Senior Drivers: A CBS 2 Special Assignment (February 1999)**

<http://heyla.com/news/specialassign/news-specialassignment-980218-002712.html>

**TRANSPORTATION (continued)**

**AARP Andrus Foundation Releases Report on Screening Elderly Drivers  
(January 1998)**

<http://www.andrus.org/respr7.html>

**55 Alive – Mature Driving Program**

<http://www.aarp.org/55alive/>

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# **TRENDS AND PROJECTIONS**

## **Publications**

**Demography is Not Destiny (1999).** National Academy for an Aging Society (Freidman and Summer), 83 p. Figures, graphs, and tables on population, economics, health, education, and public benefit program projections out to the year 2040 for persons age 65 and older. **Order:** From the internet- <http://www.geron.org/NAA/pubs.html> ; or send a check to:

Denise Pohopin  
National Academy on an Aging Society  
1030 15<sup>th</sup> Street, N.W., Suite 250  
Washington, DC 20005-1503  
Phone: (202) 408-3375  
Fax: (202) 842-1150  
Email: [info@agingsociety.org](mailto:info@agingsociety.org)

**65+ in the United States (1996).** P23-190 Current Population Reports: Special Studies, Age and Statistics Branch, Population Division, U.S. Census Bureau (Frank B. Hobbs with Bonnie L. Damon). 194 p. A detailed statistical profile including projections of older Americans divided into 9 sections covering longevity and health, economic aspects, geographic distribution, and social characteristics. **Order:** From the internet – <http://www.census.gov/prod/1/pop/p23-190.html> ; or send a check payable to the University of Minnesota in the amount of \$25 to:

National LTC Mentoring Program  
University of Minnesota  
School of Public Health  
Box 197 Mayo  
420 Delaware Street SE  
Minneapolis, MN 55455

**We the American Elderly (1993).** Age and Statistics Branch, Population Division, U.S. Census Bureau (Arnold Goldstien and Bonnie Damon). 12 p. Pamphlet with 16 tables, graphs and maps on demographic statistics of older Americans. One of a series on special population groups. **Order:** From the internet - <http://www.census.gov/population/www/socdemo/age.html#elderly>

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# **WORKFORCE & AGING**

## **Statistics**

**Persons not in the labor force by desire and availability for work**

<ftp://ftp.bls.gov/pub/special.requests/lf/aat35.txt>

**Persons at work in nonagricultural industries by age, sex, race, marital status, and usual full- or part-time status**

<ftp://ftp.bls.gov/pub/special.requests/lf/aat22.txt>

**Employed persons in agriculture and nonagricultural industries by age, sex, and class of worker**

<ftp://ftp.bls.gov/pub/special.requests/lf/aat15.txt>

## **Federal Programs**

**Senior Community Service Employment Program (Title V, Older Americans Act)** <http://www.wdsc.org/owprog/index.html>

**U.S. Equal Employment Opportunity Administration**

<http://www.access.gpo.gov/eeoc/index.html>

**Facts About Age Discrimination in Employment:**

<http://www.access.gpo.gov/eeoc/facts/age.html>

**Senior Citizens Law Center – Age Discrimination:**

<http://www.nsclc.org/age.html>

## **National Title V Program Contractors with Web Sites**

**U.S. Forestry Service**

<http://www.fs.fed.us/people/volunteer/scsep.htm>

**National Council of Senior Citizens**

<http://www.ncscinc.org/about/nscerc.htm>

**Green Thumb, Inc.**

<http://www.greenthumb.org:80/scsep.html>

**National Council on the Aging**

<http://www.maturityworks.org/>

## **WORKFORCE AND AGING (continued)**

### **AARP**

[http://www.aarp.org/working\\_options/home.html](http://www.aarp.org/working_options/home.html)

## **State and Local sites of Interest**

**Louisiana:** <http://www.sremploy.org/index.html>

**Title II JTPA:** <http://www.sremploy.org/title2.html>

**Title V OAA:** <http://www.sremploy.org/title5.html>

**New Jersey – Burlington County:** <http://www.burlco.lib.nj.us/jobs/scsep/>

**North Carolina:** <http://www.cse.state.nc.us/DHR/DOA/employ.htm>

## **Monthly Labor Review Online Articles**

**Older Workers in the 21st Century: Active and Educated, a Case Study**

<http://stats.bls.gov/opub/mlr/1996/06/art3abs.htm>

**Work After Early Retirement: An Increasing Trend Among Men**

<http://stats.bls.gov/opub/mlr/1995/04/art2abs.htm>

## **Other Articles**

**The Changing Face of the 21st Century Workforce: Trends in Ethnicity, Race, Age, & Gender**

<http://epf.org/racegend.htm>

**Your Winning Edge: Chapter Five: Special Interest Groups - Older Workers** <http://ny.jobsearch.org/html/winedge/older.htm>

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